



PROJECT NAME: FOOD RITUALS IN ANATOLIAN CULTURE "A VAC STORY"

APPLICATION DATE: December 2020 – May 2021

ABOUT THE PROJECT: "The act of eating; The aim of the project is to learn and understand the beliefs, rituals and practices related to the food living in Anatolian folklore, in every geography throughout history, in a way that will be enjoyed and add meaning to life, from the production of the product to be eaten, to its marketing and consumption; to comprehend the unification of food with symbolic meanings in social life; Collecting original prescriptions, recording and applying these prescriptions.

Project Content:

Food beliefs and rituals and symbolic meanings of different communities that have an important place in Anatolian folklore; In transition ceremonies such as birth, circumcision, wedding, death, religious holidays and fasting periods; The role of food in days like Hidrellez Nawruz about seasonal cycles and beliefs and practices about food. Historical background and meaning of food rituals. Symbolic meanings of basic foodstuffs such as bread and salt and their use in areas such as healing and evil eye.

TARGETS:

. What is a ritual?

Symbolic meaning of foods in beliefs and rituals

2-Social function of rituals; types of rituals

Birth, Dental Wheat, Dental Health, Circumcision

3-The function of food in transition ceremonies:

Wedding (engagement, henna night, wedding)

4-The function of the meal in transition ceremonies:



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Death

5-Food on Religious Days: Fasting and Ashura ritual

6-Religious Banquets: Christmas, Easter, New Year,

Passover.

7- Food-related events in seasonal periods

Nawruz - Hidrellez- Harvest Festivals

8-To devote / present food: rain prayer, rush bacı halva,

Zechariah table, sacrifice

9-Symbolic meaning of the meal: bread, salt, halva,

Baklava ...

10-Food rituals in Sufi orders

Mevlevi and Bektashi orders

11- Adaptation of modern food rituals to Turkish culture

Birthday celebration

New year celebration

Wedding cakes

WORKING PROCESS:

2020-2021 academic year November: project logo and poster of the project will be prepared, student groups will be formed, December - January: A research will be conducted on the cultural food ritual of the country and the region, etc. February-March: Explanation of the scope of the meal-making ritual appropriate to the selected subject, voice of the video with web tools, making the food suitable for the subject in the workshop and sharing it with the project partners April-May: displaying the research results in the schools within the scope of the project and preparing a video of the local food ritual The project will include students twinspace

EXPECTED RESULTS: What is a ritual? Symbolic meaning of foods in beliefs and rituals

2-Social function of rituals; types of rituals Birth, Dental Wheat, Dental Health, Circumcision

3-The function of food in transition ceremonies: Wedding (engagement, henna night, wedding)

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- 4-The function of the meal in transition ceremonies: Death
- 5-Food on Religious Days: Fasting and Ashura ritual
- 6-Religious Banquets: Christmas, Easter, New Year, Passover.
- 7- Food-related events in seasonal periods Nowruz - Hidrellez- Harvest Festivals
- 8-To devote / present food: rain prayer, rush baci halva, Zechariah table, sacrifice
- 9-Symbolic meaning of the meal: bread, salt, halva, Baklava ...
- 10-Food rituals in Sufi orders Mevlevi and Bektashi orders
- 11- Adaptation of modern food rituals to Turkish culture (Birthday celebration, New year celebration Wedding cakes)

PARTNER COUNTRIES TO THE PROJECT:

Turkey

France

Italy

AGE RANGE:

15-20